

Please join us for coffee hour!

*Thank you to all the volunteers who
made today possible.*



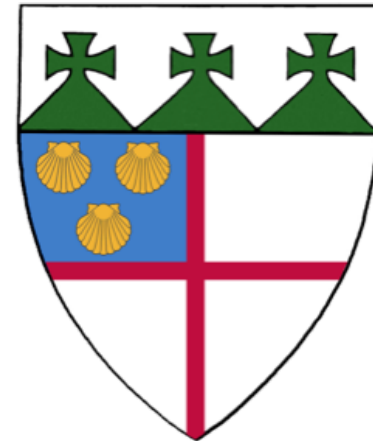
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Sources for this service include the Book of Common Prayer, The Anglican Church of North America Prayer Book, and A New Zealand Prayer Book. Further changes have been made to The Supplication by consensus of the Worship Committee.

Welcome to

Saint James Episcopal Church

*The first parish of the Episcopal Church
in Vermont, established in 1764*



The Season of Lent

Morning Prayer: Rite II
with a Penitential Order
2024

Welcome to St. James

The Episcopal Church, part of the worldwide Anglican Communion, is known for its distinctive style of worship that balances scripture, tradition, and reason. Its liturgy, deeply rooted in the Book of Common Prayer, creates a home for peoples of ALL identities and backgrounds to worship together in commonality.

How do I use the bulletin?

Worship is an occasion of the heart, body, and mind. For this reason, the liturgy contains instructions and visual cues for when to read along, respond to prayer, and sit, kneel, or stand, as is your preference. You are also welcome to sit and take part as you are comfortable. As the Episcopal Church says, “all may, some should, none must.”

Bold lines indicate the people’s response, such as responding “Amen” to prayers.

Italic lines indicate instructions for the people, such as when it is proper to stand, sit, or kneel.

Bathrooms, Elevator, and Coffee Hour

Bathrooms are located downstairs in our parish hall. The stairs and elevator are in the Narthex (the room between a

**the example of your only son, Jesus,
our Savior and our Advocate. Amen.**

The Prayer of St. John Chrysostom.

**Almighty God, you have given us grace at this time, with
one accord to make our common supplications to you;
and you have promised through your well-beloved Son
that when two or three are gathered together in his
Name you will be in the midst of them: Fulfill now, O
Lord, our desires and petitions as may be best for us;
granting us in this world knowledge of your truth, and
in the age to come life everlasting.
Amen.**

May the grace of our Lord Jesus Christ, and the love of
God, and the fellowship of the Holy Spirit, be with us all
evermore. Amen.

The Closing Hymn

See Hymn Board

Let us bless the Lord.
Thanks be to God.

And deliver us for your Name's sake.
From our hardness of heart, defend us, O Christ;
Graciously behold our afflictions.
With pity support our repentance, O Christ;
Mercifully forgive the sins of your people.
With favor hear our prayers;
O Son of David, have mercy upon us.
Be pleased to hear us, O Christ;
Graciously hear us, O Christ;
graciously hear us, O Lord Christ.

The Officiant says:

Let us pray.

Look mercifully, O Father,
on the condition of our lives and of your world. Turn
our hearts from following the ways of
consumption, pride, and vainglory,
that the results of those sins
will not overtake us.
Help us to put our whole trust in you
and in your merciful love,
knowing that when your people repent
and change their evil ways,
you will welcome them back into your fold,
and the consequences of their actions
will be relieved.
We pray that we will follow

sanctuary and the outside). Our coffee hour is also downstairs in the lounge just beyond the parish hall.

Seasons of the Liturgical Year

| Advent | Christmas | Epiphany | **Lent** |
| Holy Week | Easter | After Pentecost |

The season now known as **Lent** has a long history. The term lent comes from the Old English word *lencten* which means “spring” (the lengthening of days.) Early Christians observed “a season of penitence and fasting” in preparation for the Paschal feast, or Pascha (BCP, pp. 264-265).

All Christians are invited “to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word” (BCP, p. 265).

Staying Connected

Saint James highly values the unique gifts and qualities that each of us brings to this shared community, our parish.

Ways to stay connected or to learn more are:

- Getting to know people during coffee hour.
- Receiving our Newsletter “The Shell.”
- Volunteering on a team in church, like the worship team, garden club, parish life, and many more!
- Keep coming back. Whether you're a pragmatic joiner or a jump-in-with-two-feet kind of person, every style of getting to know us is appreciated.

MORNING PRAYER: Rite II

The Service begins in silence.

Officiant: Bless the Lord who forgives all our sins.

People: **God's mercy endures for ever.**

The Decalogue is said, the people kneeling as they are able.

Hear the commandments of God to his people:
I am the Lord your God who brought you out of bondage.
You shall have no other gods but me.
Spirit of God, search our hearts.

You shall not make for yourself any idol.
Spirit of God, search our hearts.

You shall not invoke with malice the Name of the Lord
your God.
Spirit of God, search our hearts.

Remember the Sabbath Day and keep it holy.
Spirit of God, search our hearts.

Honor your father and your mother.
Spirit of God, search our hearts.

The Metrical Doxology

**Praise God, from whom all blessings flow;
Praise God, all creatures here below;
Praise God, above ye heavenly host;
Praise Father, Son, and Holy Ghost.**

Officiant: *The Peace of the Lord be always with you.*

People: **God's Peace. You are God's light.**

Announcements

The Supplication of the Great Litany

O Lord, arise and help us;
And deliver us for your Name's sake.
O God, we have heard with our ears, and our forebears
have declared to us, the noble works that you did in
their days, and in the time before them.

O Lord, arise and help us;
And deliver us for your Name's sake.
Glory be to the Father, and to the Son, and to the Holy
Spirit; as it was in the beginning, is now, and ever shall
be, world without end. Amen.

O Lord, arise and help us;

A Collect for Sundays

O God, you make us glad with the weekly remembrance of the glorious resurrection of your Son our Lord: Give us this day such blessing through our worship of you, that the week to come may be spent in your favor; through Jesus Christ our Lord. **Amen.**

The Prayers of the People

See Bulletin Insert

During these prayers, anyone who wishes is welcome to come forward, light a candle, and put it in the sand bowl, offering their own prayer to God.

A Taizé chant will be sung during this time.

The Concluding Collect

Lord Jesus Christ, you stretched out your arms of love on the hard wood of the cross that everyone might come within the reach of your saving embrace:

So clothe us in your Spirit
that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your Name. **Amen.**

The Offering

Officiant: Let us offer the alms and oblations of our love and our lives unto the Lord.

The Offertory Hymn

See Hymn Board

You shall not commit murder.

Spirit of God, search our hearts.

You shall not commit adultery.

Spirit of God, search our hearts.

You shall not steal.

Spirit of God, search our hearts.

You shall not be a false witness.

Spirit of God, search our hearts.

You shall not covet anything that belongs to your neighbor.

Spirit of God, search our hearts.

The Officiant says:

Jesus said, "The first commandment is this: Hear, O Israel: The Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these." *Mark 12:29-31*

The Officiant then says

Let us confess our sins against God and our neighbor.

Silence may be kept.

God of all mercy,
 we confess that we have sinned against you,
 opposing your will in our lives.
 We have denied your goodness in each other,
 in ourselves, and in the world you have created.
 We repent of the evil that enslaves us,
 the evil we have done,
 and the evil done on our behalf.
 Forgive, restore, and strengthen us
 through our Savior Jesus Christ,
 that we may abide in your love
 and serve only your will. Amen.

The Officiant enjoins the People to pray together:

Almighty God have mercy on us, forgive us all our sins
 through our Lord Jesus Christ, strengthen us in all
 goodness, and by the power of the Holy Spirit keep us in
 eternal life. *Amen.*

*When this Order is used at the beginning of the Liturgy, the
 service continues with the Kyrie eleison or the Trisagion.*

Lord, have mercy. S91	or	Holy God, S102
Christ, have mercy.		Holy and Mighty,
Lord, have mercy.		Holy Immortal One,
		Have mercy upon us.

Officiant: Hear our cry, O God.
 People: **And listen to our prayer.**
 Officiant: Let us pray.

The Suffrages

*To be said alternating between the left and right
 sides of the congregation.*

V. Help us, O God our Savior;
 R. Deliver us and forgive us our sins.
 V. Look upon your congregation;
 R. Give to your people the blessing of peace.
 V. Declare your glory among the nations;
 R. And your wonders among all peoples.
 V. Do not let the oppressed be shamed and turned away;
 R. Never forget the lives of your poor.
 V. Continue your loving-kindness to those who
 know you;
 R. And your favor to those who are true of heart.
 V. Satisfy us by your loving-kindness in the morning;
 R. So shall we rejoice and be glad all the days of our life.

The Collect of the Day

See Bulletin Insert

The Lord's Prayer

Traditional

Our Father
who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in
heaven.
Give us this day our
daily bread.
And forgive us our
trespasses,
as we forgive those
who trespass against us.
And lead us not into
temptation,
but deliver us
from evil.
For thine is the kingdom,
and the power,
the glory,
for ever and ever.
Amen.

The Salutation

Contemporary

Our Father
in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth
as in heaven.
Give us today our
daily bread
Forgive us our sins
as we forgive those
who sin against us.
Save us from
the time of trial,
and deliver us
from evil.
For the kingdom,
the power, and the and
glory are yours,
now and for ever. Amen.
Amen

Then follows

The Appointed Psalm

See Bulletin Insert

At the end of the Psalm is said:

**Glory to the Father, and to the Son,
and to the Holy Spirit: *
as it was in the beginning, is now,
and will be for ever. Amen.**

The Lessons

See Bulletin Insert

After each Lesson the Reader may say
The Word of the Lord.
People: Thanks be to God.

After the Hebrew Scripture:

A Song of Ezekiel
Ezekiel 36:24-28

I will take you from among all nations; *
and gather you from all lands to bring you home.
I will sprinkle clean water upon you; *

and purify you from false gods and uncleanness.

A new heart I will give you *

and a new spirit put within you.

I will take the stone heart from your chest *

and give you a heart of flesh.

I will help you walk in my laws *

and cherish my commandments and do them.

You shall be my people, *

and I will be your God.

After the New Testament Scripture:

A Song of Faith

1 Peter 1:3-4, 18-21

Blessed be the God and Father of our Lord Jesus Christ,
by divine mercy we have a new birth into a living hope;
Through the resurrection of Jesus Christ from the dead,
we have an inheritance that is imperishable in heaven.

The ransom that was paid to free us *

was not paid in silver or gold,

But in the precious blood of Christ, *

the Lamb without spot or stain.

God raised Jesus from the dead and gave him glory *
so that we might have faith and hope in God.

The Gradual Hymn

See Hymn Board

The Gospel Reading

The Sermon

The Apostles' Creed

I believe in God, the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come again to judge
the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.